

# CANADIAN ACCESS AND INCLUSION PROJECT EXEMPLARY PROGRAMS' PROJECT REPORT AUGUST 2017

#### **Objectives**

The first objective of this project was to generate information to address the Minister of Sport and Persons' with Disabilities request for recommendations for complementary initiatives and programs. A secondary objective was to provide recommendations on how to evaluate initiatives and programs.

#### Objective 1 Exemplary Programs: Project Summary and Conclusions

- CAIP Project Council members provided a list of exemplary initiatives and programs, yielding a snapshot of Canadian programs that provide services to Canadians with disabilities (see Methods & Results).
  - The list should not be considered exhaustive nor representative of programs; there is a strong potential for bias as most are examples of programs provided by CAIP Council members.
- Based on this limited sample of programs, Health Care, Economic Self-Sufficiency, and Citizenship and Justice seem to be areas where programs are lacking.
- There are many resources/programs/initiatives that raise awareness. On the one hand, this is an area where there is a strong potential for redundancy and overlap in service delivery. On the other hand, this is an area where there are lots of resources to draw from, perhaps minimizing the need to invest in developing new resources.
- Exemplary programs may have one, some or all of the following elements:
  - o Clearly defined, rigorous standards for defining 'inclusion,' 'accessible' etc.
  - A focus on the needs of specific groups of people with disabilities
  - Engagement of people with disabilities in developing and/or delivering the program
  - Serve as a knowledge-hub or knowledge exchange
  - Have objectives that may include increasing awareness, the number of people participating, the quality of participation, equal access or providing recognition
  - Incorporate a method for evaluating impact

#### Objective 2 Program Evaluation: Project Summary and Conclusions

- Scientific research on program evaluation and social participation of people with disabilities was reviewed.
- There would be value in having some common methods to evaluate programs and initiatives, in order to draw comparisons across programs and identify characteristics of effective programs.
  - The RE-AIM framework is a well-used and well-validated approach to assessing the real-world <u>Reach</u>, <u>Effectiveness</u>, <u>Adoption</u>, <u>Implementation</u>, and <u>Maintenance</u> of programs at organizational and individual levels.
- Program evaluation should go beyond merely counting the number of people with disabilities who
  participate and should take into account the 'quality' of the participation.







- Quality participation includes experiencing some or all of the following: Autonomy, Belongingness, Challenge, Engagement, Mastery, and Meaning.
- Existing tools, and tools currently in development could be adapted for use in the evaluation of programs and services.

#### **CAIP RECOMMENDATIONS**

- a. CAIP recommends that any program funded by the federal government to promote access and inclusions should:
  - i. Set an explicit standard for accessibility
  - ii. Actively engage people with disability at all stages from development, through to implementation to evaluation
- b. CAIP recommends that the development of new complementary programs should be prioritized for areas where there are current gaps in programming.
- c. CAIP recommends that complementary programs should address one or more of the following key aspects of 'quality' participation, as outlined in research literature:

i. Autonomyiv. Engagementii. Belongingnessv. Masteryiii. Challengevi. Meaning

d. CAIP recommends that complementary programs funded by the federal government to increase accessibility and inclusion be evaluated periodically using the RE-AIM framework







#### OBJECTIVE 1: BACKGROUND ON DATA COLLECTION AND METHODS

#### **STEP 1: Gathering the Information**

CAIP Project Council Members were invited to provide information on exemplary programs and initiatives that are advancing access and inclusion by addressing problems/barriers/challenges in these areas:

- 1. The Built Environment
- 2. Employment & Education
- 3. Transportation
- 4. Economic Self-Sufficiency

- 5. Health care
- 6. Housing & lodging
- 7. Communications & media
- 8. Citizenship & Justice

For the purpose of this project, 'programs and initiatives' were described as including the following:

- Awards/recognition programs
- Programs that provide incentives, grants, or subsidies
- Education and training programs
- Programs that provide a comprehensive set of services
- Initiatives that provide infrastructure
- Other activities that address ideas described in the CAIP Phase 1 Report:

Members were encouraged to provide examples of local, provincial or national initiatives; initiatives in other countries; and good ideas for new initiatives or programs.

Members provided the following information on a standardized form:

- Name of initiative and website link if available
- Type of initiative (e.g., service program; awareness campaign)
- Goal of the initiative and how it advances access and inclusion
- Barrier it addresses
- Why it should be considered an exemplary program

#### **STEP 2: Synthesizing the Information**

- 1. Information received from CAIP Project Council members was collated into a single spreadsheet. Initiatives were sorted and grouped according to the eight areas noted above. In some cases, in order to better characterize the focus of the programs, the programs were grouped into subcategories within the eight areas.
- 2. Descriptions of the programs were read, re-read, and analyzed to identify key elements of exemplary programs. The rationale for this step came from the recognition that the list of programs is not exhaustive. Generation of an exhaustive list was beyond the scope of this project. Identification of characteristics of exemplary programs could be used as the basis for (a) identifying or developing additional exemplary programs and (b) evaluating programs.







#### Results

## Summary of the information submitted by council members

- 43 programs/ideas were submitted (32 programs and 11 ideas)
- A disproportionate number of examples were submitted for "Communications and Media" with the vast majority being resources designed to raise awareness and address stereotypes
- No examples were submitted for health care per se (only examples of recreation programs and one best-practice example of an accessible continuing care hospital)
- No examples were submitted for economic self-sufficiency (one idea submitted)
- Many/most of the examples were from council members' own organizations
- No international examples were submitted
- Recognizing that some of the programs/ideas cut across more than one area, the following table provides a general breakdown of the submissions and the areas they represent.

Area	# of	Notes
	submissions	
1. Built	6	Auditing programs; example of best-practice;
Environment		creation of a fund to pay for changes
2.Employment &	6	4-5 of these are programs providing services (as
Education		opposed to guidelines or raising awareness) to
		increase employment and education of people
		with disabilities
3.Transportation	2	2 programs
4.Economic self-	1	1 idea (no examples of existing practices)
sufficiency		
5.Health care	5 Recreation	2 programs and 3 resources; nothing for 'health
		care' (only recreation)
6.Housing & lodging	2	1 resource, 1 best practice
7.Communications	4	2 resources, 2 ideas
& media	11 Public	Mostly resources as opposed to service programs
	Education/	
	Awareness	
8.Citizenship &	2	1 program, 1 idea
Justice		
All areas	5	5 ideas

## 1. Examples of exemplary programs for each area:

Area	Example
1. Built Environment	The Rick Hansen Foundation Accessibility Certification Program (RHFAC Program) is a tiered rating system that measures a building's level of meaningful access (at and
	beyond base building codes) and determines how it meets accessibility







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	requirements. It also acknowledges excellence in the application of universal and inclusive design principles. Rating modules have been written covering Commercial Buildings, Residential Housing Developments and Parks and Trails.					
2.Employment & Education	The Centre for Excellence works in the Employment Sector at a systems level in four key areas: Employer education and engagement; Service delivery improvement; Promoting Innovation and Best Practice; and, Systems change/transformation of services that support people with a disability.					
	The objectives of Transition NB program are  • To increase the training, post-secondary education and labour force participation of youth with a disability by:  o Developing a made in New Brunswick transition planning guide.					
	o Building an interactive information hub on education and employment. o Providing a specialized transition planning service.					
3.Transportation	The NB vehicle retrofit program is designed to increase the mobility of persons with a disability who reside in the province of New Brunswick by providing financial assistance towards the cost of supplying and installing eligible retrofitting and accessibility features for vehicles. Ability NB administers the program in partnership with the Department of Transportation and Infrastructure.					
	Uber.com, Accessible transportation - vehicle for hire services					
4.Economic self-	Idea: Introduce and implement economic reform that assures persons with					
sufficiency**	disabilities have financial support to enable their contributions socially and economically on a level equal to others without a disability					
5.Health care	The goal of PREVAIL Adaptive Drumming Circle is to adapt a culturally meaningful recreational activity for a peer group support					
	All Abilities Welcome is an educational resource to sensitize recreation programmers to provide a welcoming, inclusive service.					
6.Housing & lodging	Accessible Housing BC is a website that connects people with accessible housing and landlords who have accessible housing for rent or sale.					
7.Communications & media	Ability Online's supportive online community is designed to reduce the social isolation and increase inclusion for people with all kinds of disabilities and health challenges. Mentors and role models support members and break down stigma, showing what is possible rather than impossible. There is health content to empower members, and modules for skill development.					
8.Citizenship & Justice	Since 1981, Reach established in Ottawa, has been providing lawyer and mediation referrals to people with all disabilities and their family members through its pro bono roster of local lawyers. There are no financial eligibility barriers nor legal areas of law.					
All areas	The Town of Richmond Hill created a bylaw that stipulates 50% of revenue generated from disabled parking space infractions is put into a reserve to be used as funding for any community charity to create a more accessible and inclusive community. Examples of this funding are: a first of its kind fully accessible					







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		children's playground, subsidized gym memberships, ADP Program, inclusive
		summer day camp programs.

<sup>\*\*</sup>All examples are of existing programs except for Economic Self-Sufficiency where the example is an idea.

### Emerging themes from CAIP Project Council members' descriptions of exemplary programs/ideas

#### Exemplary programs set a standard

- A need for 'gold standards'
- A need for 'minimum standards'
- Having rigorous standards for classifying something as 'accessible'
  - o Basing this on best and latest knowledge in design, technology, research etc.

#### Some exemplary programs target specific groups

- Focus on marginalized and underserved groups (homeless; youth)
- Grassroots initiatives (in schools, communities, etc.)

#### Exemplary programs actively engage people with disabilities in development, delivery, etc.

- Importance of stakeholder engagement
- Peer support as a key element of programs
- Need to distinguish between 'technically accessible' versus 'actually accessible', the latter being based on the perceptions of people with disabilities

#### Some programs aim to be a 'knowledge hub'

- Create a "one-stop shop" for information and services
- Serve as 'knowledge brokers'

## Specific objectives of some exemplary programs

- Raise awareness and change stereotypes
- Increase the number of people with disabilities participating
- Increase the quality of participation
- Create equal access (e.g., to legal services)
- Provide recognition

#### Evaluation is important for some programs

• Some programs set standards for evaluating their impact







#### **Objective #2: Background Material on Evaluating Programs and Initiatives**

There would be value in having some common methods by which to evaluate programs and initiatives. The RE-AIM framework is one possible approach. RE-AIM provides a functional starting point for guiding the assessment of: *Reach*, which captures the percentage of people from a given population who participate in a program and describes their characteristics; *Effectiveness*, which refers to the positive and negative outcomes of the program; *Adoption*, which is generally defined as the percent of possible settings (e.g., organizations) and staff that have agreed to participate in the program; *Implementation*, which is an indicator of the extent to which the program was delivered as intended and its cost; and *Maintenance* which, at the individual level, reflects longer-term maintenance of the primary outcomes. At the organizational level, maintenance captures the sustainability of the delivered programs. RE-AIM has been used to evaluate the impact of programs and interventions across a variety of settings. Data collected across the RE-AIM elements provide a more fulsome perspective on the impact of a program, than data collected from just one or two elements.

The elements of RE-AIM are primarily quantitative (although there are ways to incorporate qualitative data), with a focus on capturing the number of people involved and the extent of organizational involvement. We must keep in mind, however, that efforts to increase access and inclusion cannot be considered successful if they merely increase the number of Canadians with disabilities who are participating in society. Participation is not a matter of merely 'being there' or 'gaining access'. The *quality* of participation in society must also be considered.

Researchers from the Canadian Disability Participation Project (CDPP) recently undertook a project to identify the key elements of 'quality' participation experiences for people with physical disabilities. Based on a systematic review of research literature, the team identified six characteristics that people with disabilities consider to be important aspects of participation: *Autonomy, Belongingness, Challenge, Engagement, Mastery,* and *Meaning*. These six elements are described below:

Experiential Elements of Participation	Brief Description
Autonomy	Having independence, choice, control
Belongingness	Experiencing a sense of belonging to a group; acceptance/respect from others; included at interpersonal or societal levels







Challenge Feeling appropriately challenged

Engagement Engaged in the activity; motivated; focused,

involved; experiencing 'flow'

Mastery Experiencing achievement/competence/ sense of

accomplishment; self-efficacy

Meaning Contributing toward obtaining a personal or

socially-meaningful goal; feeling a sense of

responsibility to others

CDPP Researchers are currently developing tools to assess (a) the extent to which people with disabilities report experiencing the six elements when they participate in employment, recreation and community activities, and (b) the extent to which sport and recreation programs for people with disabilities are providing the six elements. These tools could be adapted for use in the evaluation of other programs and services.

For more information contact Bill Adair, SCI Canada Executive Director, (416) 200-5814, bill@sci-can.ca





Projet canadien su l'accès et l'inclusion

Name of Organization	Contact Person, Email & Phone	Name of Initiative & Hyperlink if available	Goal of Initiative & how it advances access & inclusion	Type of Initiative	Why do you consider this a model program?
12 Rick Hansen Foundation	Brad Brohman, VP, Government Relations bbrohman@rickhansen.com 613-889-6255	The Rick Hansen Foundation Accessibility Certification Program	The Rick Hansen Foundation Accessibility Certification Program (RHFAC Program) is a tiered rating system that measures a building's level of meaningful access (at and beyond base building codes) and determines how it meets accessibility requirements. It also acknowledges excellence in the application of universal and inclusive design principles. Rating modules have been written covering Commercial Buildings, Residential Housing Developments and Parks and Trails.	Program	The RHFAC Program is the only one in Canada using a rating system to assess and certify built environments based on a consistent methodology. In partnership with the Canadian Standards Association, the RHFAC Program will bring a level of professionalism to accessibility assessments that will have widespread acceptance with industry while delivering tangible and measurable improvements for people with disabilities, across a wide variety of built environments.
20 West Park Healthcare Centre	Shelley Ditty 416-243-3600 x2055 shelley.ditty@westpark.org	West Park redevelopment	New specialized rehab and complex continuing care hospital incorporating AODA accessibility standards and senior-friendly hospital design guidelines	Infrastruct ure	All-new hospital facility will incorporate the best and latest in architectural design, enabling technologies and therapeutic landscapes to help patients get their lives back. Planning incorporates results of research into accommodation of large wheeled mobility devices, exceeding building-code requirements.
28 SCI Canada	Bill Adair, bill@sci-can.ca 416-200-5814	Federal Jurisdiction Infrastructure for Barrier Free Access	Adapt all infrastructure under federal jurisdiction to assure a barrier free and inclusive design for persons with a broad range of disabilities	Program	Canada can lead by example by retrofitting all infrastructure under federal jurisdiction to provide an inclusive experience. Substantial funds must be available and Minister Qualtrough must have authority across all government ministries to direct this work.
35 SCI Canada	Bill Adair, bill@sci-can.ca 416-200-5814	AccessNow Mobile App http://accessno w.me/	Expand Accessnow program across Canada	Program	Empower and fund a program whereby persons with disabilities rate access to facilities and provide online access to ratings, including a new partnership with Google mapping.







40 Richmond Hill Mobility Accessibility	Andrew Fisher, Chairman,	Rhmobility.ca	The Town of Richmond Hill created a bylaw that stipulates 50% of revenue generated	Infrastruct ure	The Town of Richmond Hill has chosen to pay it forward by sharing revenue from disabled parking space
Foundation	afisher@rhmobility.ca		from disabled parking space infractions is put into a reserve to be used as funding for any community charity to create a more accessible and inclusive community.  Examples of this funding are: a first of its kind fully accessible children's playground, subsidized gym memberships, ADP Program, inclusive summer day camp programs.		infractions to create a more accessible and inclusive community.
14 Ability New Brunswick/Capacité Nouveau Brunswick Inc.	Haley Flaro, haley.flaro@abilitynb.ca or 1.866.462.9555	Accessible NB	The goal of this program is to enhance the ability of persons with a mobility disability to live as independently as possible and be active in our communities and build accessible and age friendly communities. The objective is to deliver a free accessibility and age friendly review service.	Program	Our communities are largely inaccessible and accessibility is a right, not a privilege. The population is aging and planning and modifications to universal design standards are needed if we are to ensure that NB has communities, spaces, and visitable homes where New Brunswickers can be as independent as possible, active in our communities and age in place. There is also economic opportunity to develop accessible tourism.
1 Spinal Cord Injury Saskatchewan	Lyn Brown, Executive Director, lynbrown@scisask.ca 306-652 9644	Awareness Saskatchewan	Working directly within the Saskatchewan business community by providing educational presentations and videos of individuals with spinal cord injuries and other physical disabilities succeeding in the workplace and as business owners.	Program Awareness	Canadians with disabilities face significant barriers to accessing meaningful employment opportunities, this initiative works at busting the myth that disability equals inability through visual educational information highlighting success.
43 Performance Plus Rehabilitative Care Inc.	Linda Simpson Isimpson@pprc.ca	Employment www.pprc.ca	PPRC connects employers with persons with disabilities to access their talent pool.	Program	PPRC has developed a Best Practice Model to assist persons with disabilities to return to work and can assist to match their career goals to businesses who are looking to hire.







11 Ontario Disability Employment Network (ODEN)	Joe Dale, Executive Director 905-706-4348 jdale@odenetwork.com	Centre for Excellence in Employment	Create systemic changes that will improve opportunities for employment for people with a disability.	Program	The Centre for Excellence works in the Employment Sector at a systems level in four key areas: Employer education and engagement; Service delivery improvement; Promoting Innovation and Best Practice; and, Systems change/transformation of services that support people with a disability.
13 Ability New Brunswick/Capacité Nouveau Brunswick Inc.	Haley Flaro, haley.flaro@abilitynb.ca or 1.866.462.9555	Transition NB program	Our program goal is:  To enhance the employability of youth with a disability in New Brunswick.  Objective Our program objective is: To increase the training, post-secondary education and labour force participation of youth with a disability by: Developing a made in New Brunswick transition planning guide. Building an interactive information hub on education and employment. Providing a specialized transition planning service.	Program	Few youth with a disability are attending post-secondary education. Persons with a disability are more likely to leave high school without a diploma compared to students who do not have a disability (28% versus 19%), and only 13.2% of persons with a disability have a university degree or certificate (statistics cited in Disability and Inclusion Based Policy Analysis, IRIS, 2012).
27 SCI Canada	Bill Adair, bill@sci-can.ca 416-200-5814	Disabilities Mentoring Day Across Canada	Advance knowledge and skills in public and private sectors to successfully employ persons with disabilities	Program	This is a proven program to advance employment for persons with disabilities and to improve performance of private sector companies <a href="https://www.disabilitiesmentoringday.ca">www.disabilitiesmentoringday.ca</a> . Dolphin is the host company and have also developed a tool to measure impact and success of the program. This can be expanded to all major cities in Canada and a an on line training program can be opened to expand access to all corporations
2 Spinal Cord Injury Saskatchewan	Lyn Brown, Executive Director, lynbrown@scisask.ca 306-652 9644	Community Inclusion	The goal of the project is to work within the early learning sector utilizing age appropriate resources to create familiarity and understanding of the day to day challenges and success of individuals with	Program Awareness	Unlike physical and systematic barriers, attitudinal barriers often lead to bullying, discrimination, and social isolation making it difficult to overcome through laws.  The best remedy is familiarity and understanding.







3 Spinal Cord Injury Saskatchewan	Lyn Brown, Executive Director, lynbrown@scisask.ca 306- 652 9644	Domestic Violence Awareness Women with a Disability	spinal cord injuries and other physical disabilities.  The goal of this project is to bring awareness to the importance of accessibility in the built environment in domestic violence shelters and to bring awareness to the range of services needed to meet the needs of women with disabilities.	Program Awareness	Not only is safety from violence and abuse in itself a social determinant of health, inaccessible services and supports result in serious consequences to women living with disabilities. Ranging from trauma resulting from physical injuries; mental health problems and increased alcohol and drug use as coping mechanisms. Thus, violence and abuse is a significant public health problem in general and in particular for women with disabilities.
4 Spinal Cord Injury Saskatchewan	Lyn Brown, Executive Director, lynbrown@scisask.ca 306- 652 9644	Saskatchewan Artists of Ability Festival	The goal of this project is to bring awareness to the disability arts community and to celebrate capacity.	Program Awareness	Negative attitudes or lack of awareness regarding arts participation reduces the interest and confidence of people with a disability, reduces the interest of the wider community in supporting and attending disability arts, negative views about disability must be challenged.  Prevailing social attitudes of disability as negative or a deficiency lead to negative perceptions about disability and body. Disability arts is therefore disadvantaged in attracting audience, people do not want to see, hear or think about life experiences deemed to be harsh or sad, the festival will provide a challenge to existing assumptions about disability and artistic practice.
8 Active Living Alliance for Canadians with a Disability	Jane Arkell, Executive Director jarkell@ala.ca 613- 859-4042 www.ala.ca	Youth Ambassadors Across Canada	Youth Ambassadors Across Canada is a 5-module tool kit designed to inspire and assist youth with a disability to take action for healthy, active living. The modules are: Accent on Living Advocacy in Action Taking the Path An Advocate's Agenda Healthy Eating	Program Resource	Very often youth with disabilities are not encouraged to take action in their community or school. The Youth Ambassador program sets a clear path for making positive changes to access and inclusion in the environments that they live, work and play.







17 Ability New Brunswick/Capacité Nouveau Brunswick Inc.	Haley Flaro, haley.flaro@abilitynb.ca or 1.866.462.9555	Peer Mentorship	The goal of this program is to help people with a mobility disability and their families adjust, adapt and thrive as they deal with a new injury or with the ongoing challenges of living and aging with a mobility disability.	Program	Ability NB was initially founded in 1945 as an organization of peer volunteers who offered help to injured veterans. It was recognized very early on that access to the support of people who have personal experience living with a disability leads to improved emotional and physical wellbeing.
30 SCI Canada	Bill Adair, bill@sci-can.ca 416-200-5814	Canadian NPO Alliance	Develop, coordinate and unite nationwide programs and activities to advance access and inclusion.	Program	Provides a framework for national NPOs to develop and implement activity across all disability organizations to advance access and inclusion, provides a vehicle whereby this community can speak with one voice to the Gov. of Canada and to the people of Canada
31 SCI Canada	Bill Adair, bill@sci-can.ca	Access and	Provide a central location where best	All areas	Increase collaboration, sharing best practices, preventing
15 Government of NWT	Victorine Lafferty, AGDM, MBA-PM Director, Seniors and Continuing Care Services Department of Health and Social Services Victorine Lafferty@gov.nt.c	The NWT Disability Program Review & Renewal Project Public Engagement Questionnaire	The aim of the questionnaire is to learn how to increase the accessibility of disability related services across the GNWT and to better understand the perspectives of persons with disabilities, their families and caregivers perspectives, and service providers perspectives.	Research	Results to be determined.
37 SCI Ontario - Online Disability Awareness Training	Tory Bowman - 416 422- 5644 ext. 250 Not-for-profit version: https://youtu.be/s- ZPNBxt7G0  Corporate/Company version: https://youtu.be/swadTf3SS d4	Disability Awareness Training Not- for-profit version: https://youtu.b e/s-ZPNBxt7G0 https://youtu.b e/swadTf3SSd4	Education and awareness about disability https://youtu.be/s-ZPNBxt7G0 https://youtu.be/swadTf3SSd4	Education/ Training Awareness	A strong curriculum demonstrating abilities of Canadians who do things differently







# CAIP Exemplary Projects to Increase Access and Inclusion in Canada

39 The Forward  Movement	Dylan 647 282-5483	http://www.the forwardmovem ent.ca/	Education and awareness about disability	Education/ Awareness	Moving accessibility forward in the minds of all
33 SCI Canada	Bill Adair, bill@sci-can.ca 416-200-5814	Youth With Disabilities Including Persons From Indigenous Communities Advisory Council	Young persons in Canada Advise Government of Canada On Advancing Access and Inclusion	Advisory	Positions youth with disabilities from both nations in Canada to advise Gov. of Canada on ways and means to open opportunities for their full inclusion, develops leadership qualities in future leaders.
23 University of Manitoba	Michelle Porter, Director Centre on Aging, 204-474- 8795 michelle.porter@umanitoba .ca	Age Friendly Universal Principles	The University of Manitoba endorsed the Age-Friendly Universal Principles making U of M the first university of Canada to do so. The principles cover the full gamut of including older adults	Education/ Training	Older adults face a number of barriers to full community participation which can be similar to those barriers faced by individuals with a disability.
18 Ability New Brunswick/Capacité Nouveau Brunswick Inc.	Haley Flaro, haley.flaro@abilitynb.ca or 1.866.462.9555	NB Vehicle Retrofit Program	The vehicle retrofit program is designed to increase the mobility of persons with a disability who reside in the province of New Brunswick by providing financial assistance towards the cost of supplying and installing eligible retrofitting and accessibility features for vehicles. Ability NB administers the program in partnership with the Department of Transportation and Infrastructure.	Program	New Brunswick has an extremely limited network of accessible private, public and community transportation in urban and rural areas of New Brunswick. New Brunswick's Employment Action Plan for Persons with a Disability (2012), Disability Action Plan (May 2012), Overcoming Poverty Together (2014) and We are all in this together: An aging strategy for New Brunswick (2017) have all highlighted the critical importance of improving access to transportation. Access to accessible transportation is critically linked to better health (ability to go to medical appointments) and the ability to go to education or jobs.
38 Uber Canada	Ryan Krook _ Operations and Logistics Manager ryan@uber.com	uber.com	Accessible transportation - vehicle for hire services	Service	Consistent accessible services in various municipality





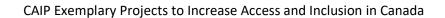


# CAIP Exemplary Projects to Increase Access and Inclusion in Canada

34 SCI Canada	Bill Adair, bill@sci-can.ca 416-200-5814	Economic Equity Reform To Level The Playing Field For Persons With Disabilities To Fully Contribute	Introduce and implement economic reform that assures persons with disabilities have financial support to enable their contributions socially and economically on a level equal to others without a disability.	Subsidy	Canada can set a new global standard to assure persons with disabilities have access to support required to fully participate in and contribute benefits socially and economically, without being forced to live in poverty and at risk of health complications due to lack of financial resources.
5 Spinal Cord Injury Saskatchewan	Lyn Brown, Executive Director, lynbrown@scisask.ca 306-652 9644	PREVAIL - Adaptive Drumming Circle	The goal of this project was to adapt a culturally meaningful activity for peer group support	Program	Peer support provides one on one support, learning and educational opportunities as well as participation in recreation cultural, sport and leisure activities.  Connecting people to peers reduces individual's isolation and builds socially inclusive communities, peer support offers people experiencing disability meaningful opportunities to connect and learn from others. By adapting traditional activities peer support groups can provide more meaningful interaction for Indigenous peoples experiencing disability.
7 Active Living Alliance for Canadians with a Disability	Jane Arkell, Executive Director jarkell@ala.ca 613- 859-4042 www.ala.ca	All Abilities Welcome	If you are a program or service provider, whether through a municipality, school, club or other type of organization, you know how important it is to be inclusive to all members of your community and to promote healthy, active living for everyone. However, including persons with a disability can sometimes seem challenging. All Abilities Welcome is a resource to help you meet the challenge. This resource is an ideal means to sensitize program participants to provide a welcoming, inclusive service.	Program Resource	Community inclusion is a pillar to achieving independence, respect, positive self-esteem and a sense of belonging. All Abilities Welcome is key to assisting communities, facilities and programs be welcoming and positive for individuals with a disability.







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Canadian Access	
and Inclusion Project	Projet canadien sur l'accès et l'inclusion

9 Active Living Alliance for Canadians with a Disability	Jane Arkell, Executive Director jarkell@ala.ca 613- 859-4042 www.ala.ca	Moving to Inclusion	This is an effective training and professional development tool for those who are working in or training for a career in recreation, fitness, education, sport and active living fields. The learning tool has been developed to help plan and lead a wide variety of physical activity programs in ways that include individuals of all abilities, including those who have a disability.	Program Resource	Being physically active promotes health, self-esteem, community inclusion, enjoyment, socialization and independence. Very often leaders, teachers, community leaders do not have the knowledge or confidence to include a person with a disability into their ongoing sport, fitness or recreation program. MTI provides step by step instruction on planning activities, knowledge on various disabilities, and adaptations to rules and equipment.
10 Canadian Parks and Recreation Association	CJ Noble, Executive Director Cathy Jo Noble cjnoble@cpra.ca 613-260- 3453	A Framework for Recreation in Canada — Pathways to Well Being	The Framework for Recreation in Canada is the guiding document for public recreation providers in Canada. We have an opportunity to work together in ways that will enable all Canadians to enjoy recreation and outdoor experiences in supportive physical and social environments.	Policy	Inclusion and Access is one of the 4 key pillars of the Framework, It recognizes the importance of including all citizens, no matter what level of ability.  2.7 Provide leadership, support, encouragement, information, policies and programs that facilitate full participation in recreation by people of all abilities across all settings. Work with persons with disabilities and special needs to create inclusive opportunities and build leadership capacity. Ensure that recreation environments are accessible, and remove physical and emotional barriers to participation.
16 Ability New Brunswick/Capacité Nouveau Brunswick Inc.	Haley Flaro, haley.flaro@abilitynb.ca or 1.866.462.9555	Para NB - Sport & Recreation	Program Objectives The objectives of Para New Brunswick Sport and Recreation are:  • To increase access to and involvement in para sport and recreation of persons with a physical disability (mobility and/or vision) throughout NB from awareness and first contact through to the active for life stages of Canadian Sport for Life.  • To increase the involvement, awareness and support of sport and recreation organizations in para sport and recreation.  • To increase the knowledge and awareness of the universal design and operation of recreation	Program	Persons with a disability do not enjoy the same access to physical activity as those without a disability and are therefore generally much less active and underrepresented in sport and recreation systems, as verified by an Ability NB study in 2008.







# CAIP Exemplary Projects to Increase Access and Inclusion in Canada

Canadian Access Projet canadien sur and Inclusion Project l'accès et l'inclusion					
and Inclusion Project   Faccès et l'inclusion			<ul> <li>and sport facilities.</li> <li>To support the development and increased number of trained and certified coaches and leaders actively working in para sport and recreation.</li> <li>To support building a sustainable para sport and recreation system in New Brunswick.</li> <li>To increase access to adaptive equipment and devices through the provincial equipment loan service.</li> <li>To increase cross-sector partnerships in sport and recreation and work in collaboration with other sectors such as education, wellness, and health.</li> </ul>		
19 Spinal Cord Injury British Columbia	Chris McBride, Executive Director, cmcbride@sci- bc.ca, (604) 324-3611	Accessible Housing BC	Accessible Housing BC is a website that connects people with accessible housing and landlords who have accessible housing	Program Resource	Canadians with disabilities face significant barriers to appropriate, accessible and affordable housing. Accessible Housing BC strives to reduce those barriers through
			for rent or sale.		information sharing and encouraging collaboration.







21 West Park Healthcare Centre  6 Active Living Alliance for Canadians with a Disability	Shelley Ditty 416-243-3600 x2055 shelley.ditty@westpark.org  Jane Arkell, Executive Director jarkell@ala.ca 613- 859-4042 www.ala.ca	West Park non-hospital development  Words with Dignity	Complementary to hospital redevelopment, will extend West Park's spectrum of services by creating a community with housing and related services for seniors and people with disabilities.  The goal of this resource is to assist media and communications professionals to portray individuals in a respectful, appropriate manner.	Infrastruct ure Resource	Will complement West Park's hospital services by broadening the continuum of care available on the campus and promoting independent living while enriching the surrounding residential community.  It is important that media portray individuals with a disability in an appropriate and respectful manner. Words with Dignity does that and positions the person first and the ability secondarily.
25 Consumer Lead	Joanne Smith jes.smithy@gmail.com	Radio and television program that highlights the abilities of individuals with a disability. Formerly called Moving On by CBC	I believe a complimentary initiative and program should include radio and television programming. Using media (television, radio and social media) is an effective and powerful tool to reach a large numbers of Canadians to help to educate, enlighten and raise awareness of the issues that face individuals with disabilities. For 18 years, the CBC had a television show dedicated to featuring people with disabilities and telling their stories. Topics covered everything from housing, transportation, education, employment, sport, healthcare to relationships, parenting and sexuality and they featured a wide range of every cognitive and physical disability. These entertaining, educational features about people with disabilities were all told with the underlying philosophy of independent living by media professionals who had disabilities themselves.	Education/ Training Awareness [suggested activity]	The 1991 Broadcasting Act states that  "the Canadian Broadcasting Corporation, as the national public broadcaster, should provide radio and television services incorporating a wide range of programming that informs, enlightens and entertains; the programming provided by the Corporation should: i. be predominantly and distinctively Canadian, reflect Canada and its regions to national and regional audiences, while serving the special needs of those regions, ii. actively contribute to the flow and exchange of cultural expression, iii. be in English and in French, reflecting the different needs and circumstances of each official language community, including the particular needs and circumstances of English and French linguistic minorities, iv. strive to be of equivalent quality in English and French, v. contribute to shared national consciousness and identity, vi. be made available throughout Canada by the most appropriate and efficient means and as resources become available for the purpose, and vii. reflect the multicultural and multiracial nature of Canada."1 1. Broadcasting Policy for Canada The 1991 Broadcasting Act states that "the Canadian Broadcasting Corporation, as the national public broadcaster, should provide radio and television







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22 Ability Online Support Network	Michelle McClure, Executive Director, michelle@abilityonline.org (416) 650-6207	www.abilityonli ne.org	Ability Online's supportive online community is designed to reduce the social isolation and increase inclusion for people with all kinds of disabilities and health challenges. Mentors and role models support members and break down stigma, showing what is possible rather than impossible. There is health content to empower members, and modules for skill development.	Program Online communit y	Ability Online has been providing a safe online community for children, teens & young adults with all kinds of disabilities since 1990. Members connect to peers, role models & mentors, and explore various skill development modules designed for personal growth and discovery. They have survived the social media explosion because they offer something different - a positive online experience that promotes well-being and inclusion. And they are proud of the fact that they have been incident free for 27 years due to their safety practices.
32 SCI Canada	Bill Adair, bill@sci-can.ca 416-200-5814	Media Representation of Persons with Disabilities	Ensure that all professionals in the media community present persons with disabilities in a way that enhances their value and dignity to their audiences	Education/ Training	All media students would graduate with an informed attitude on how to represent persons with disabilities, all existing media professionals would be educated on best







					practices, leadership to be provided by CBC and persons with disabilities
Reach*Equality and Justice for People with Disabilities	Joanne Silkauskas,Executive Director, (613) 236- 6636. joannesilkauskas@reac h.ca	https://www.re ach.ca/	Canadians with disabilities face significant barriers to appropriate, accessible and affordable legal services. Since 1981, Reach establised in Ottawa, has been providing lawyer and mediation referrals to people with all disabilties and their family members through its pro bono roster of local lawyers. There are no financial eligibility barriers nor legal areas of law.	Legal Referral and Education	Reach, an Ottawa non-profit, charitable, and self-funded organization, was establised in 1981. For 36 years, Reach has been providing a unique program of providing legal referrals for people with disabilities and their family members in efforts to reduce barriers to accessing affordable and appropriate legal services through its pro bono legal and mediation referral services. Reach also organizes educational information sessions and conferences on matters pertaining to diverse disabilities such as rights, interests, and resources. Reach is a model 36 years later in that it supports people with a variety of diverse disabilities find pro bono legal assistance filling in the service gaps that exist in this Province: there are no finanicial eligibility tests for Reach clients and its pro bono lawyers cover most all areas of law.
26 SCI Canada	Bill Adair, bill@sci-can.ca 416-200-5814	Meritorious Service Medal - Access and Inclusion	Governor General recognize outstanding contributions to advancing access and inclusion in Canada	Award	Government of Canada elevates importance of advancing access and inclusion by providing medals to worthy recipients
29 SCI Canada	Bill Adair, bill@sci-can.ca 416-200-5814	Government of Canada Internal Policies and Procedures Re: A Culture That Embraces All Aspects of Access and Inclusion Across All Departments	Implement standard policies and procedures that assures high quality access and inclusion performance by all Gov. of Canada Civil Servants and Politicians	Program	Gov. of Canada sets a high standard for investing in and assuring a welcoming and inclusive experience for persons with any type of disability, being a role model to other levels of government and challenging them to meet the same standards.







36 SCI Canada	Bill Adair, bill@sci-can.ca 416-200-5814	UN Convention	Canada commits to implementation	All	Canada joins other countries on the global quest to provide a barrier free and inclusive world
41 SCI Canada	Jane Arkell, jane@sci-can.ca 613-859-4042	Access and Inclusion Lens	The Government of Canada should develop an access and inclusion lens, whereby all programs receiving Federal funding should have meet a gold level standard of access and inclusion.	Policy	Currently, the Government of Canada examines their programs and services under a gender lens. The area of access and inclusion deserves the same level of commitment.
42 SCI Canada	Jane Arkell, jane@sci-can.ca 613-859-4042	A Day in the House of Commons – Celebrate the Launch of Federal Accessibility Legislation.	Each Federal Member of Parliament will choose and support the travel and participation of a delegate with a disability from their riding to sit in the House of Commons for a day to share their lived experiences of having a disability and congratulate Minister Qualtrough for her development and passing of Federal Accessibility Legislation.	Event	Similar to the event celebrating International Women's Day <a href="http://www.cbc.ca/news/politics/daughters-vote-commons-womens-day-1.4014834">http://www.cbc.ca/news/politics/daughters-vote-commons-womens-day-1.4014834</a> people with disabilities will fill the House of Commons for 1 day.



